

Important Medication Information for Allergy Testing

Anti-histamines and other medications can interfere with allergy skin testing. Please review the following list of medications that need to be stopped *prior* to your visit.

DO NOT STOP TAKING YOUR ASTHMA MEDICATIONS

Antacids:

Stop these for 2 Days:

Axid, Pepcid, Tagamet, Tums Ultra, and generic famotidine, cimetidine, and nizatidine, both Rx and OTC. You can continue taking: Prevacid, Prilosec, Nexium and other "PPI" drugs (lansoprazole, omeprazole, etc.).

Prescription Antihistamines:

Stop these for 2 Days:

Astelin and Dymista (Azelastine), Patanase (olopatadine nasal), Bromfed, Dimetane, Kronofed, and generics.

OTC Antihistamines:

Stop these for 2 Days:

Benadryl and generic diphenhydramine, Actifed, Contac, Chlor-Trimeton and generic chlorpheniramine, Tavist and clemastine OTC strength, Dimetapp and generic brompheniramine, Allegra 30 mg, 60 mg, Allegra-D 12 Hour, and all generic low-dose fexofenadine products, Histex and generic triprolidine.

Prescription Antihistamines:

Stop these for 5 Days:

Atarax, Vistaril, and all generic forms of hydroxyzine), Periactin and generic cyproheptadine, prescription levocetirizine, Karbinal, Arbinoxa, and generic carbinoxamine, dexchlorpheniramine, prescription-strength Tavist and clemastine.

OTC Antihistamines:

Stop these for 5 Days:

All types of Claritin, Alavert, Tavist Non-Drowsy formula and all generic loratadine products, Zyrtec, Zyrtec D, and all generic cetirizine products, Allegra 180, Allegra-D 24 hour, and all generic fexofenadine 180 mg products, Xyzal and generic levocetirizine.

Prescription Antihistamines:

Stop these for 6 Days:

Clarinex, Clarinex D, and generic desloratadine.

Anti-Nausea:

Stop these for 3 days:

Antivert and generic meclizine, Compazine and generic prochlorperazine, Dramamine and generic dimenhydrinate, Phenergan and generic promethazine, Tigan and generic trimethobenzamide.

Muscle Relaxants:

Stop these for 5 days:

Flexeril and generic cyclobenzaprine.

Sleep aids:

Stop these for 2 days:

Tylenol PM, Excedrin PM, Advil PM, Nyquil, Z-Quil, Sominex, and related generics.

It is not necessary to stop taking Decongestants unless they are combined with antihistamines.